



## Summer at Central: Week 5 "Comparison Trap"

Message by Tim Perkins

6/30/19

*"The fear of the Lord leads to life; then one rests content, untouched by trouble." (Proverbs 19:23)*

### "Culture of Comparison" (Proverbs 14:30)

•The wrong \_\_\_\_\_.

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•The wrong \_\_\_\_\_. (Proverbs 27:3-4)

### "The Secret of Contentment" (Philippians 4:11-13)

1. Realize what we \_\_\_\_\_. (1 Timothy 1:15-17; Romans 8:1-2)

2. Make God our \_\_\_\_\_. (Philippians 2:12-13; 1 Timothy 6:6)

3. Live our life on \_\_\_\_\_. (Philippians 3:12-14; 2 Cor. 5:18-21)

### Wisdom from Week #5:

Contentment isn't living with \_\_\_\_\_, but living with \_\_\_\_\_ of \_\_\_\_\_.

## Talk it Over:

### Big Idea:

It's important to understand contentment is not happiness or complacency. Contentment is our ability to rest in Jesus and what we currently have rather than searching for happiness in whatever is next. It's important that we ask what is creating an atmosphere of discontentment in our daily life because the enemy of contentment is comparison.

**Proverbs 19:23** "The fear of the Lord leads to life; then one rests content, untouched by trouble."

-How do you suppose contentment in life is a natural byproduct of having a healthy fear of the Lord.

### Discussion Questions:

- How has comparison affected your life?
- Discuss the three secrets of contentment Pastor Tim covered in the message: 1) Realize what we have. 2) Make God our source. 3) Live life on mission.
- Which points resonate most with you? Which points challenge your current perspective?
- Read Philippians 4:4-9 – what might this passage teach us about how we can live a life of contentment?
- What do you suppose you could do to remind yourself to live on mission every day?

**Prayer Focus:** Pray that God would help us to see the things we do have instead of what we do not. Ask God for the strength, boldness, and wisdom to look only to Him as the source and that He would help us to live life on mission.

### Next Steps:

- Make a list of all that God has done in your life that you can use as a reminder when times get tough.
- Read Philippians 4:4-9 every day this week.
- Commit to thanking God for 3 new things every day for 21 days.